Merrimack goes green

By Rob Broncoy
Staff Writer

Merrimack has gone through a series of big changes over the past year. Dr. Champagne has become the new president. The 4x4 curriculum has come into existence, and appears to be running smoothly so far. The academic departments have made changes, and new academic programs have been formed, including the new Biotechnology and Biomedical science concentrations in Biology, and the new Criminology major. Merrimack has also welcomed the largest freshmen class it has seen in a long time, a number over 500. There is one big change that is happening at Merrimack, and it has been latent. This new effort is the attempt to move Merrimack towards a more sustainable and environmentally friendly campus.

If you attended convocation, you more than likely heard Dr. Lyon’s speech, and his goals for Merrimack. You may also be like me, who heard very little about the sustainability initiative here at Merrimack, and thought it was almost non-existent. I would like to inform those of you, like myself, that the sustainability initiative is alive, and very well.

Continued on page 2

Room selection

By Shannon Nickerson
Staff Writer

As most students know, room selection is a time consuming and sometimes stressful event. This year, Residence Life is making room selection more convenient. They are trying a new method of room selection: online. This is made possible through the help of our ITS program. During the summer, Residence Life and ITS visited Endicott College in Beverly, MA to learn more about the ins and outs of online room selection. Endicott has used an online program for room selection for three years. They have also received a selection number. They have now used this system for three years. They also use the same database and other similar information.

Room selection storing systems as Merrimack. The similarities in Endicott’s databases has made this transition easier for Merrimack.

There are still some similarities to room selection in the past. To participate in room selection, students will still need to pay their $500 room deposit by Friday, March 6, 2009. In addition, students will still be classified into three different rounds based on credits at the end of this fall semester: Round 1 (58 or more credits, typically rising seniors), Round 2, (28-57 credits, typically rising juniors), and Round 3 (0-27 credits, typically rising sophomores). However, students will no longer receive a selection number. They will now receive a group number within their round. Each group will have 30 students and the number of groups in each round will be determined by the deposits (i.e. 300 people mostly on bench seating).

Since 2000, the school has been trying to upgrade the facilities and have successfully done so. Lawler has seen additions such as new locker room areas, the player’s lounge, coach’s room, Blue Line Club, and luxury boxes. The new locker room area is actually ahead of the curve compared to other schools who have a lot more work to do in that aspect of upgrading.

Continued on page 3

Completion of Lawler in Sight

By Michael Salvucci
Editor-in-Chief

Merrimack College is looking to upgrade Lawler arena in order to comply with increasing Hockey East standards.

The J. Thom Lawler arena at the Volpe athletic complex was completed in November of 1972 at an initial cost of two million dollars. The arena currently holds approximately 3,000 people mostly on bench seating.

Since 2000, the school has been trying to upgrade the facilities and have successfully done so. Lawler has seen additions such as new locker room areas, the player’s lounge, coach’s room, Blue Line Club, and luxury boxes. The new locker room area is actually ahead of the curve compared to other schools who have a lot more work to do in that aspect of upgrading.

Continued on page 3
In February of 2003, a conflict began in the Darfur region of Western Sudan. The Sudanese military and the Janjaweed, a militia group, have been systematically murdering, raping, and expelling the non-Arab, non-Muslim population of Darfur. This has been described as the worst mass murder in human history. Of the population, an estimated 3 million have been killed, and nearly 400,000 have been displaced. Over 2,500,000 have been forced from their native homeland. Meanwhile, the international community refuses to stop to end the horror.

I take a class with a professor who demands justice and expects action. For this reason, more than half of the class has decided to have a day at Merrimack College dedicated to educating people about Darfur and raise awareness for the genocide that is taking place in Sudan. We will be working at an information tent and a bell will toll on campus throughout the afternoon. The goal will be heard all over campus, a constant reminder that there are more important things going on in the world that we all need to be aware of. On November 20th, 2008, this tent will be on campus, and students are more than welcome to stop by to learn about the conflict and inquire about any kind of action they can take to make a difference. Our mission is to help you become aware and to give you an avenue to take action to help alleviate this terrible crisis that has taken place. It is an honor for us to be a part of the Sudanese community. Since the group’s inception, a successful test recycling program was run in Deegan. This recycling program is collecting aluminum and plastic, two common recyclable items in dormitories on campus.

Last semester, students in the Environmental Management class have been involved in the sustainability movement together, and that is how I became involved. This group is called “Merrimack’s Going Green,” with 212 members on Facebook from the Merrimack Community. Since the group’s inception, a successful test recycling program was run in Deegan. This recycling program is collecting aluminum and plastic, two common recyclable items in dormitories on campus.

The sustainability initiative also exists in a group of students, headed by a dedicated student, Senior Erica Christensen. This group is called “Merrimack’s Going Green,” with 212 members on Facebook from the Merrimack Community. Since the group’s inception, a successful test recycling program was run in Deegan. This recycling program is collecting aluminum and plastic, two common recyclable items in dormitories on campus.

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School News

Lawler Arena

continued from cover

Head coach Mark Dennehy explained the demands of Hockey East as an increased “set of league standards, not a witch hunt”. In other words, Hockey East is not looking for ways to weed out programs, in fact that's the last thing they want to do. Every team in the league had something that needed upgrading.

According to Hockey East the new set of standards will consist of the visitor team having at least 500 square feet of locker room space in one continuous room. This is a standard that Merrimack has already addressed and met. The minimum capacity of any new team’s arenas will be 4000. Rinks such as Merrimack’s or Providence’s will not have to meet this requirement. Something that Merrimack will have to meet however is the standard that 20 percent of seating must be actual chairs. According to Joe Bertagna, commissioner of Hockey East, these requirements should be met by the 09-10 season (next season). However, as long as the school “shows in good faith” that they are trying and have plans to meet these requirements the league will not punish them.

Merrimack has proposed the “Lawler Completion Project” to meet these requirements. In essence it is a continuation of the renovations started in 2000 and even prior to that that have since stalled. The improvements to the rink will include, new bleachers and 400 chair back seats. The plan will be to rip out the existing bleachers put new ones in, and there are even rumors of having it rap around the back of the arena, however those rumors could not be confirmed. Upgrades to the lobby, and an expanded press box for media, coaches, and officials with improved internet capabilities. The ice bed and the compressor also need replacing.

The school is looking to raise as much as two million dollars as soon as possible in order that they can provide Hockey East with renovation plans by this coming April. Dennehy stated that “the school has made it a priority but not the priority” which was to be expected. He said he understood that there are a lot of things the school wants to do right now.

In order to make this happen by the projected date the school will be relying on donations. If you are interested in supporting the Lawler Completion project, contact either Joe Iarrobino or Mark Dennehy.

Room selection

Continued from cover

Once a student logs in and picks the room they want, they will have anywhere from 2-3 minutes to complete the process (similar to buying tickets on-line). There will be a timer displayed that shows how much time a student has left to complete all the details. All the student(s) need to do is to enter the ID numbers of all the people living there, click submit, and that's it! What may have taken a student almost 30 minutes to complete in the past, will now take only about 2 minutes. And this can all be done in front of the computer.

All students within a group have an equal shot for all the spaces that are available. Rooms will be pre-determined as female or male based on the number of deposits by gender in each round. So when a male student logs on, they will only see the male spaces available.

Hopefully this article has been successful in beginning to clarify how Merrimack will be changing the room selection process. With the exception of Austin Scholars, Substance Free, and single room requests, all room selection will be done online.

In the end, it should be easier for everyone and much less time consuming when selecting rooms. Residence Life is aware that there will still be complete and incomplete groups; complete groups will go in the morning and incomplete in the afternoon. As Residence Life moves through the development of this endeavor, more information will be forthcoming.

Beacon Briefs

Ballin’ for Baller Rob: A 3 on 3 Basketball Tournament to benefit the Robert Maille Memorial Fund will be held on Saturday, November 15th at 12 PM in the Multi-Purpose Room. Co-ed teams can sign up for a registration fee of $15. If you have any questions, please contact the Class Council of 2009 at classof2009@merrimack.edu.

Love playing pool?: There will be an 8-ball tournament on Tuesday, November 11th at 6 PM in the Sakowich Campus Center Game Room. Registration is due by Monday, November 10th at 5 PM. Forms can be picked up at the Info and Fitness Center desks and returned to Nick Lowery in the Fitness Center.

Dance Team News: Love to dance but didn’t take formal classes your whole life?? Here’s your chance to get some exercise and have some fun!! The Dance Team is offering FREE Hip Hop Classes in the Fitness Center Dance Studio every Wednesday from 6:30-7:30 PM. No experience necessary!!!!

Feeling sick?: We still have flu vaccine available! Cost is $15.00. Individuals wishing to receive the vaccine are asked to email Deborah.Marcotte@Merrimack.edu make arrangements to place your name on the list to receive the flu vaccine.

Job opportunity: The Ski and Snowboard Club is looking for people to drive the vans for their trips. Anyone interested in becoming certified, please contact clarken@merrimack.edu. You must be at least 20 years old.
Professor Spotlight: Edward Fallon

By Joe Bonanno
Staff Writer

As an amateur carpenter, historian, painter, grandfather and mathematician, multitalented Professor Edward Fallon joined the Merrimack community in the summer of ’07 after retiring from a 36-year career of teaching high school mathematics.

While, technically, he may be considered a part-time professor, many students would consider his efforts dedicated to their success synonymous with full-time faculty. Also a part-time professor at nearby North Shore Community College, Professor Fallon divides his week up between the two. He teaches every Monday, Tuesday, Wednesday and Friday at NSCC while teaching Tuesday, Thursday, and Friday at Merrimack.

Originally from Salem, Massachusetts, Professor Fallon graduated as Valedictorian from Salem High School. Along with being Valedictorian, he was also Co-Captain of the Track and Field team and was Drum Major of the band.

After high school, he went on to graduate as Magna Cum Laude from Boston College with a Bachelor of Arts degree. He also earned a Master's degree in Mathematics from Salem State College. During his junior year of college, he married his high school sweetheart, who also attended Boston College. They had two daughters who are now “very smart and accomplished.” In fact, he proudly credits his teaching career to getting married while in college. Since his parents were both teachers and his father a principle at the time, he was already familiar with the teaching profession and a teaching job was readily available.

So began his teaching career. He spent the majority of his high school teaching career as chair of the math department at North Shore Technical School in Malden. When asked what he likes most about Merrimack, Professor Fallon immediately responded the people at Merrimack are what he likes most about working here. He touted how enthusiastic and polite his students are. He went on to say, “I haven’t met a disagreeable person here.” He continued to say that no matter what part of campus he’s in, whether it’s the coffee shop or administrative offices, everyone is very pleasant.

He told me, “Not every place is like that, Merrimack is unique in that regard.”

Of all courses he taught at Merrimack, Pre-calculus, Introduction to Math for Business and Finite math, he had the most fun teaching Finite math.

Professor Fallon explained that he thinks going over homework is the most important part of class. He emphasized, “I try to explain things thoroughly. If a typical explanation doesn’t work, I try to find another explanation.”

When asked what advice he has for students, among many things he said class attendance is the most important factor in doing well. He expressed how frustrating it is for many students – mostly Juniors and Seniors – not to attend class. He explained how detrimental skipping class can be, “Students who don’t come to class are put at a real disadvantage.”

Professor Fallon is surprised by the attendance rate of Merrimack students who pay considerably higher tuition than NSCC students.

As far as advice for students given that they attend class, Professor Fallon suggested that attempting as many problems as possible is the single most important way to learn. He explained, “Attempt is the key word. Sometimes students don’t recognize that they struggle.” He continued to advise, “Practice a variety of problems that approach a topic from different directions. The more varied your experience is in trying different problems, the more successful you’re going to be.”

When asked what he likes most about math, Professor Fallon said, “The variety keeps me interested.” He explained how many different applications are involved in the teaching of mathematics at Merrimack and how the history of mathematics. He also enjoys engaging in specialty topics in math.

When asked what advice he has for students, many students would consider his best advice to meet if he could meet anyone, deceased or living, he chose Thomas Jefferson. He admires Jefferson’s brilliance and creativity, calling him a “true genius.” Compared to Ben Franklin, Professor Fallon claims Jefferson had broader interests and was more creative. Professor Fallon enjoys traveling with his family to Monticello and Jefferson’s Place.

He concluded the interview with some additional advice. He said that personal relationships are extremely important, many times more than grades. He stated, “There are so many students who feel that the grades are the most important thing instead of the class experience. If someone’s reading this at all? At least tell me something you’re interested in that regard.”

Professor Spotlight: Edward Fallon

By Christopher Powell
Staff Writer

For this issue, I will start by citing all those windows, logos and splash screens that flash in front of your computer all the time, not to mention the Start-up program list hinted at what the heck it is Windows, but it’s not nearly a complete list. If you’re still unsure about disabling, you should generally leave it alone to be safe.

CCleaner is a good start to managing the major programs and services that start up with Windows, but it’s not nearly a complete list. Unless you’re a power user who doesn’t mind playing with fire, or you’re running a disastrous service that’s hurting Windows and won’t go away, you don’t want to delve any deeper into it.

If you really want to mess around, go to black-viper.com and read what they have to say about Microsoft’s Services. Remember re-enabling the services you find you really need or disabling some others. If there’s a program you’re still unsure about disabling, you should generally leave it alone to be safe.

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If everything goes well, your system will now be liberated from some dead weight it’s been dragging around since Windows 95/98. If this isn’t something you’ve delved into before, you should notice a bit more smoothness starting up and a nice little performance increase.

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Strokes are serious cause of death and disability

Energy Drinks: Worth the Buzz?

By Alicia Cyr
Staff Writer

Energy drinks such as Red Bull, Monster, Full Throttle, Tilt, and Rockstar have become a big business, and they’re especially popular on campuses nationwide. A Student Health 101 survey of 500 students revealed that about one in every three students consumes energy drinks on a regular basis. The industry has turned into a huge business as energy drinks now account annually for over $3 billion of the $100 billion domestic beverage industry. According to beverage watchdog group the Marin Institute, more than 500 new brands of energy drinks were introduced worldwide in 2006.

Lots of Caffeine and Other Stimulants

While most energy drinks have the same amount of caffeine as a cup of coffee, some have up to three times that amount. Many energy drinks also contain other stimulants. In addition, they are loaded with sugar and are often laced with herbs, vitamins, or amino acids. A can of Red Bull contains 1,000 milligrams of taurine, an amino acid that’s been shown to play an important role in muscle control. But, scientists are still debating the positives and negatives of taurine. It’s no wonder that health and government officials are concerned about the health benefits of this “liquid energy.” Several countries have regulated the sale of Red Bull, and Norway, Uruguay, and Denmark have banned the drink because of its negative health effects. In September, Australian medical researchers released a study showing that just one can of Red Bull can increase the risk of heart attack or stroke, even in young people.

Emily McDowell had to give up her Red Bull habit when the headaches started. “I got headaches that seemed related to my energy drink consumption,” McDowell says. “I drink coffee now instead. It spares me the headaches and the energy ‘crash’ I would get from Red Bull.”

That’s the irony of these “energy drinks.” As expensive sugar water, they give you a flash of energy, but in the long run they can leave you feeling drained due to the sluggishness associated with caffeine withdrawal, and surges and dips in blood sugar. They can also lead to weight gain. Students recognize the downside of these drinks. Sixty-nine percent of those polled by Student Health 101 said that energy drinks are unhealthy, and 51% said they either tasted “horrible” or were “barely drinkable.”

Taste aside, the term “energy drink” alone can be construed as fairly misleading. For athletes, these drinks can do more harm than good. They don’t replenish electrolytes and nutrients lost during physical activity. And, the caffeine and other stimulants can damage your heart. The American College of Sports Medicine has warned high school athletes to stay away from energy drinks because the caffeine in them may cause dehydration.

A Dangerous Mix

Even though people recognize the potential negatives of energy drinks, consumption continues to climb, and many are drinking them mixed with alcohol to get a “quick buzz.” Two studies from the University of Buffalo’s Research Institute this year showed that college students who frequently down energy drinks (six or more times a month) are three times more likely than nondrinkers to engage in actions that could negatively affect their health, including cigarette smoking, prescription drug abuse, and fighting. According to the study, energy-drink regulars are also more likely to consume too much alcohol, smoke marijuana, and engage in unprotected sex.

A Better Jolt of Energy

There are better ways to get a lift. Protein bars, carbohydrate gels, and sports drinks (like Gatorade) are all sources of calories that your body can use for fuel, and consuming these calories doesn’t result in any negative side effects.

For the sake of your health, avoid energy drinks and in the long run you’ll be better off.

NANCY SMALLING is a FREELANCE WRITER SPECIALIZING IN HEALTH ISSUES. SHE HAS A DEGREE IN BIOCHEMISTRY FROM ALBRIGHT COLLEGE IN READING, PA.

As a student at Merrimack College, you have access to read Student Health 101, the online health and wellness magazine just for college students. Please check your email to access Student Health 101 online, share your opinions and even enter to win an iPod!

You can also access the latest issue online at http://issues.ai101digital.com/showme.php?mid=wwwwpp

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Jumping Rope: Not Just For the Playground

By Jeff LeBlanc
Staff Writer

Millions of children across the nation jump rope on a daily basis. However jumping rope is not only for children and can in fact be an excellent addition into your workout. Though for some reason a lot of people do not use a jump rope for aerobic exercises, jumping rope is a great way to getting a great cardiovascular exercise workout while enjoying it. In addition, jumping rope can not only help with cardiovascular health, but it also helps to improve coordination and agility. If this exercise is performed frequently, it can also help with muscular endurance. I have assembled a list of seven reasons why you should start jumping rope.

Seven Great Reasons to Use a Jump Rope as a Means of Cardiovascular Exercises

1. Jump ropes are inexpensive. You can purchase a good quality jump rope for about $20. They can be bought at any workout or athletics store, as well as Target.

2. Jump ropes are great if you travel and do not have access to a gym. You can carry a jump rope with you just about anywhere since they are so small in size.

3. Not only can you use a jump rope in a gym, but you can also jump rope indoors, as long as you have enough space to perform a full motion. You can also jump rope outside and at the office on a lunch break.

4. Jumping rope serves as a nice change for those who have gotten tired of performing the same cardiovascular exercises day in and day out.

5. Jumping rope is a great way to burn calories. If you were to jump rope for an hour, depending on your metabolism you could burn up to 1000 calories.

6. Helps to strengthen your entire body. Yes, that is right. Most of the major muscle groups in the upper and lower body will strengthen by jumping rope if performed on a consistent basis. Even jumping rope for just 10 minutes 5 days a week has been seen to result in a stronger body.

7. Improves mental health. Studies have shown that jumping rope along with other cardiovascular activities can help with your mental health.

It is also important to mention how you should choose which jump rope is best for you. Choosing a jump rope is easier said than done. First off, I recommend using a jump rope that is leather as it will not depreciate over time like other ropes would. Then, make sure that the handles of the rope are thick and comfortable. Finally perform the following test to ensure adequate rope length: Hold the handles of the rope in each hand and place your feet in the middle of the rope as it is touching the ground. If the handles are just below your armpits, then you have a good jump rope.

Jumping rope is a terrific exercise for your health. It is an activity that most of us can all do and that we can all enjoy. Now that you know the reasons why, and how to pick a jump rope there is only one thing to do, hop to it!

Fun Facts: The Liver

Facts compiled by Shannon Nickerson

1. In terms of weight, the liver is the largest organ in the human body.
2. Each year, over 17,000 people are waiting to receive a liver transplant; only about 5,000 receive the transplant.
3. The liver performs over 200 functions to help keep the body healthy and stable.
4. 10% of Americans are or have been affected by a liver, biliary or gallbladder disease.
5. Everything we eat, drink, breathe and absorb through the skin eventually reaches the liver.
6. The liver is about the size of a football and weighs between 3 and 4 pounds.
7. More heat is produced by the liver than by any other organ in the body.
8. A donated liver can be split between two recipients, so that one deceased donor can be the source of two liver transplants.
9. The liver is the only organ that can regenerate itself.
10. The mixing of alcohol and acetaminophen has potentially lethal toxic effects on the liver.

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Entertainment

Escape the Fate lends new sound

By Kyle Neary
Staff Writer

Escape the Fate’s new CD entitled “This War Is Ours” came out on October 21, 2008, and new lead singer Craig Mabbitt (formerly from Blessthefall) seems to have done a decent job. With an even heavier sounding singer, and harder guitar rips, the new Escape the Fate is viewed by some as better, others as worse, and some as indifferent. When adding such a crucial member of the band as a singer, a lot in the overall sound of the band can obviously come out a lot different. Escape the Fate’s sound has been the same from EP to CD, but now there obviously must be a difference.

Unfortunately, the original singer Ronnie Radke was forced out of the band for a second time before the recording of this album due to some legal trouble. He had first been dropped from the band in October of 2006 for pleading guilty to assisting a murder, but was soon back in the band in early November of the same year. The band had later missed going on tour for reasons due to Radke’s drug dependency and parole violation, and unfortunately for the band, and especially Radke, he was sentenced to 4 years in jail due to this violation.

“This War Is Ours” has a new sound, almost as if it is a mix between Escape the Fate and Blessthefall, which actually sounds a lot better than you would think. There are a few songs on this CD which are catchy, and basically radio-worthy. The two main singles are The Flood and The Guillotine II, both have very rhythmical choruses and really nice guitar work. Overall, this CD may not be as good as their first release “Dying is Your Latest Fashion” but the direction that the band is heading definitely has a lot more room for growth.

Check out Escape the Fate November 8 at the Worcester Palladium with Chiodos, Silverstein, Alesana, and A Skylit Drive. Tickets are $21.

Upcoming Entertainment Events

At the Worcester Palladium:
November 8: Chiodos, Silverstein, Escape the Fate, Alesana, A Skylit Drive
November 14: Hinder, Trapt, Rev Theory, Prospect Hill
November 15: Puddle of Mudd, Red, Safetysuit, Temperedcast
November 22: The Next Big Thing, over 20 different local and alternative punk bands
November 26: All Time Low, Mayday Parade, The Maine, Every Avenue
December 5: Redman, Method Man, Termanology, Rapper Big Pooh
December 27: Four Year Strong, Set Your Goals, Every Avenue, A Loss For Words, Energy Lions Lions

WBCN Sponsored Events:
November 8: Verizon Wireless Arena: Nine Inch Nails
November 9: TD Banknorth Garden: AC/DC
November 14/15: Wang Theatre: Smashing Pumpkins
November 16: Tsongas Arena: Staind, Seether, Papa Roach
December 26: The Middle East Restaurant: The Mighty Mighty Bosstones
January 18: TD Banknorth Garden: Metallica
January 26: Agganis Arena: The Killers

LIVE MMA ACTION
THURSDAY NOVEMBER 13, 2008

Global Fight League @ The Ioka Theatre
www.GFLMMA.com

For ticketing info, go to:
www.iokaentertainment.com or contact: barlasn@merrimack.edu

Newspapers now available in the apartments!


Where: St. Thomas Community Room Foyer (Between Towers C & D)

Brought to you by: The Student Government Association
Merrimack grad makes it big
By Ted Metrakas
Staff Writer
The most famous recent graduate of our adorable little school is Charlie Day, the writer, producer, and star of the FX network’s staple comedy series It’s Always Sunny in Philadelphia. Day was born in Rhode Island and played baseball right here at 315 Turnpike Street, North An­dover, MA.

The pilot for Sunny was shot by the stars and creators of the show, Day, Rob McElhenney, and Glenn Howerton (who co-star with Day as the characters Mac and Dennis Reynolds, respec­tively) on a digital camcorder, for a reported total of $85. FX executives were so impressed that their investment of $85,000 would pay off, they renewed Sunny for a second season, giving complete creative and produc­tion control to the trio. McElhenney, the credited creator, has de­scribed Sunny as “Seinfeld on crack.” I think it’s more accurate to say that Sunny is a Seinfeld for our generation. The show centers on the charac­ters of Day (who plays Charlie Kelly), Mac and Dennis, and Dennis’s sister Deandra Reynolds, played by actress Kaitlin Olson. In Sunny’s sec­ond season, Hollywood veteran Danny DeVito joined the cast as Frank Reynolds, Dennis and Dee’s psychotic father. While importing big-name Hollywood actors usually sparks the desperation for television shows, DeVito’s presence has raised Sunny to a higher plane of comedic awesomeness.

In July 2008, FX renewed Sunny for an addi­tional three seasons, meaning that the show, cur­rently in its fourth season, will run at least three seasons more.

Most critics (and Sunny philes) agree that the show is the funniest sitcom currently airing on television will be just as intimating as these other bigger arenas. West of our school, the Agganis arena (of Boston University) holds somewhere in the mid 6000 range. Twice as many people, but the arena itself is well over twice the size.

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I am willing to suggest that Lawler arena can be just as intimating as these other bigger are­nas because of our ability to cram so many people into a such a small space (allowed by our bench seating). I understand it was Halloween, but, guys, BC is the defending national champions, we are to give them the respect they deserve. We did a great job in packing the stands, but that doesn’t mean there isn’t room for im­provement. We can certainly pack more students, without having to tune in at 2 am on a Wednesday from other schools? Maybe not possible now but cer­tainly something to build towards in the future. Let’s show our opponents how crazy we are about hockey.

Ultimate Warriors, I love what you guys are doing! You were able to get everyone fired up and actually standing for nearly the entire game. When was the last time you saw that at Lawler? However, how about the thought that the team might actually on the ice, where the bleach – ing arena can be turned into a huge home ice advantage, and I mean HUGE! Think about it, Lawler arena holds approximately 3,000 people. Think about that for a minute. Agganis arena (of Boston University) holds somewhere in the mid 6000 range. Twice as many people, but the arena itself is well over twice the size.

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Questions on the Quad
What do you think of Merrimack’s new 4x4 curriculum?

I got screwed. Classes got harder and now I have a heavier workload.

- Anthony Nini, Class of 2009

It works. I like having only four courses but I because I m a science major.

- Chris Evans, Class of 2010

It’s good and it gives you more time to do other things.

- Julie McColgan, Class of 2010

Do you have plans to travel during Thanksgiving/Winter break?


- Adam Godfrey, Class of 2010 - Matthew Sweeney, Class of 2010 - Jillian Tondreau, Class of 2011 - Brianna Vantuinen, Class of 2011

Selections from the Police Log

10/29/2008 15:35 ALCOHOL Minor Transp/Carry/Possess Lot 8 Apartment Lots
Officer confiscated (3) 24 packs of Bud Light, (5) 12 oz bottles of Guinness, (1) bottle of Captain Morgan’s spiced rum, (1) bottle of Vodka, and (1) bottle of Captain Morgan’s mango rum from (3) 20 yr old students in Lot 8B. See incident report

10/31/2008 00:35 NOISE COMPLAINT A Tower
Same student that called earlier from A Tower is again complaining of noise above their room. Officers dispatched. Officers broke up party and spoke with a resident the room. 10 individuals were present in the room. Student stated he was just having a party with a few of his teammates. Unit cleared.

10/31/2008 02:23 ARREST No Warrant Apts St. Thomas
A resident student was placed under arrest for Disorderly Conduct transported to Andover Police Department. Officer cleared of Andover Police department. The male resident student was advised at 0241hrs that he can not return to campus until 0900 hours Friday morning. AC was notified

10/31/2008 18:14 FIRE ALARM Accidental (No Smoke/Fire) D Tower
1814 Received fire alarm from D Tower of the St. Thomas Apts. 1816 Officer on scene 1817 Andover fire department contacted, did not receive alarm. AFD dispatched to scene. 1817 Officer reports smoke being caused by cooking food, no fire at scene. 1822 Andover FD on scene will be inspecting room. 1825 Andover FD clear. 1825 All police units clear

11/01/2008 00:04 ALCOHOL Assessed/Released to Self Lot 8 Apartment Lots
Officer reports conducting an alcohol assessment on resident student. Student was intoxicated and got transported by Officer to Santagati where roommate will be looking after subject for the evening. Units clear.

11/01/2008 01:04 MEDICAL Il/Amb/Transp J Tower Outside
0105hrs Officer requested an ambulance from Andover FD to assess an unconscious 18 year old male resident student. 0107hrs Andover FD notified and enroute 0110hrs AC notified enroute to scene of incident. 0111hrs Andover FD Ambulance on scene. 0118hrs Andover FD will be transporting individual to Lawrence General Hospital.

11/02/2008 01:54 NOISE COMPLAINT B Tower
MCPD received call from resident student in B Tower complaining of loud noises coming from building. No further info was given by caller. Officer responded and talked with resident student, and advised him to turn the music down.
NORTH ANDOVER, MA – In a battle of the two remaining undefeated teams in the conference, the University of New Haven edged the Warriors 3-1 at the Volpe Gym Tuesday night.

Game scores were 27-25, 25-21, 17-25, 25-23.

The first game was close throughout, with tie scores at 12, 15, 18, 24, and 25, after a kill from Molly Cindric. But the Chargers closed out the game 27-25, behind a block from Elizabeth Akinbiyi and a kill from Charisse Cotton.

In the second, the Warriors led 22-21 after a kill from Ale Kuncaitis, but New Haven registered the final four points, led by two kills from Brittani Cotton.

Merrimack controlled the third, leading throughout, and won its first game behind a game-winning kill from Kristin Applegate. Megan Murray, who was outstanding all night, tallied three kills in the third, while Cindric added seven kills and nine digs.

In the fourth, the Warriors led 18-17 after an ace from Murray, but the Chargers rallied for five straight points and seven of the next eight to take a 24-19 lead. The Warriors did not quit, rallying for four unanswered points, capped off with a block from Applegate, but after a lengthy rally at 24-23, New Haven closed the match out with a kill from Brittani Cotton.

Murray posted a team-high 14 kills and added three aces, while hitting .500. Kuncaitis tallied a double-double on 14 digs and 12 kills, while Cindric added seven kills and nine digs. Elyse Lorenz chipped in with 41 assists and eight digs, while Applegate had nine kills and five digs. Merrimack hit .162 overall, with a game-high .281 in the third.

The Cotton sisters combined for 29 kills, with Brittani getting 13 of them while adding 21 digs. Yael Rosner tallied 46 assists, 10 digs and six kills, while Elizabeth Akinbiyi added eight blocking assists.

The loss snapped Merrimack's school-record of 11 straight conference wins and snapped its 12 straight home conference match winning streak. New Haven is ranked first in the east regional rankings, and Merrimack is fifth. The top eight teams advance to the NCAA Tournament.

Merrimack (16-8, 11-1 NE-10) heads to Saint Rose on Friday for a 7 p.m. match and Le Moyne on Saturday for a 12 p.m. match. The Northeast-10 Tournament, hosted by Pace University begins on November 14th.

Looking for a career in sports journalism or broadcasting, or do you simply like going to Merrimack sporting events?

Write of the Beacon to gain hands on experience!
By Lauren DeLoRusso  
Staff Writer

The Warriors kept us on our toes on Halloween night at the Lawler Arena against the second-ranked BC Eagles. Following Thursday night’s performance at Conte Forum against the Eagles where the Warriors lost 4-1, fans and opponents left Friday nights’ game stunned, thinking “was this the same team?”

On Thursday, October 30th, it became evident that the Warriors did not bring their “A” game to Chestnut Hill. The Eagles scored two shots within the first twelve minutes against goaltender Andrew Braithwaite of Kingston, Ontario. The junior forward, Pat Kimball, fought back, scoring an unassisted goal lowering the deficit by just 1. However, with only thirty seconds left in the first period Eagle player Brock Bradford scored a goal, bringing the score to 3-1, Eagles. Overall, Braithwaite blocked at total of 12 shots in the first period. The second period remained fairly uneventful as neither team shot any goals, but both teams shot 7 times each. The third period sealed the deal for the Eagles when Brain Gibbons scored early in the period. Goalie Joe Cannatta blocked a total of 15 shots during the last two periods. There was a total of 12 penalties throughout this game, 9 against the Warriors. Warrior fans left in that thinking that the players were in trepidation of the Eagles this first game; however, things changed Friday as the Eagles skated onto our ice.

Halloween at the Lawler Arena was a different story; the Warriors presented their audience with a zest to win early on. Merrimack’s Robert Ricci of Brampton, Ontario scored the first goal for the Warriors within the first 4 minutes. Assists were made by the junior Chris Barton and the freshman Karl Stollery. The Eagles retreated with a goal about two minutes later. Kimball, quick to fight back, shot two minutes after BC’s Paul Carey, gaining the advantage in the first period. Kimball was assisted by sophomores Francois Ouimet and Joe Cucci. In the second period, both teams scored a goal each. Kimball scored for Merrimack with assists from Freshman Jesse Todd, and, again, Francois Ouimet. The warriors were leading by 1 entering the third period. However, the tables turned when BC’s Brad Brockford tied the game 3-3.

The intensity in the arena grew as the overtime clock began. It was quick, yet painful for Warrior fans and players to witness as the Brockford broke the tie at 3:27 in overtime, giving the BC Eagles the 4-3 win over Merrimack.

Kimball was noted as a star in this game, scoring two goals. 8 out of the 11 penalties were against the Warriors proving that they fought their hardest to win. This game kept fans and players on the edge of their seat until the final goal.

Merrimack is currently ranked 9th in Hockey East Division 1, with a record of 2-4-1. The Warriors next home game is this Saturday, November 8th. Our warriors face the fourth-ranked team, University of Massachusetts. Come cheer them on, listen to the jazz band, and hopefully, watch a win!

**Sports**

**Warriors tricked by Eagles on Halloween**

**By Lauren DeLoRusso**  
**Staff Writer**

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The Warriors last defeated the Eagles on February 15, 2003, which was 18 games ago. The score was 6-1 Warriors, at the Lawler Arena. We all look forward to the next game against BC because with the passion and ability exerted at Friday’s game, we are surely close to a win against them! They play BC next on Friday, November 14 at 7 p.m. at the Lawler Arena.

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**Football shows strength despite loss**

The Warriors’ defense had a terrific game as they were able to make plays and force turnovers all game long. Above the rest stood out freshman pass rusher Tony Johnson as he had 4 tackles, 3 sacks, and 2 forced fumbles. Johnson now leads the entire conference in sacks with 11 and 4 forced fumbles which is astounding for a freshman. Interceptions versus Stonehill include senior cornerback Andrew Jackson, senior safety Mike O’Brien, and junior defensive tackle Bernard Cooper. O’Brien is second in the conference in interceptions with 5. Senior safety Jordan Rankine had 6 tackles and leads the team in tackles with 82. Senior linebackers J.D. Wild and Shane Brown have been assets all season long as they have respectively have 78 and 76 tackles. Junior defensive end Joe Joliceour sacked the Stonehill quarterback twice which brings his sack total to 6 and ranks him 2nd on the team.

Despite losing to #17 ranked AIC, the Warriors did not go down without an all-out gridiron battle. The Warriors in 3rd quarter were trailing 34-3 but they never lost hope. Tony Johnson’s 45 yard touchdown interception was the spark that ignited a Warrior inferno that would not go out until the clock reached zero. In a somewhat unexpected move, Coach Perry decided to send senior corner Andrew Jackson in as a running back on the doorstep”. Jackson is the first player in school history to have 2 touchdowns and 2 interceptions in the same game Andrew Jackson makes another Devin Hester-esque special teams play as he dodged multiple tacklers over 75 yards to rumble his way into the endzone to make the score 34-29 and knock on the “impossible comeback doorstop”. Jackson is the first player in school history to have 2 touchdown punt returns, and to score on offense, defense, and special teams in a season. With 2 minutes left in this memorable game, the Warriors behind Suozzo attempted a final assault. They are able to get into AIC territory but an AIC defender recovers a forced fumble from Suozzo and ends the drive. Even though the Warriors lost the game, they unleashed their true football firepower with 26 unanswered points in the 2nd half which in the end nearly dethroned the undefeated AIC after a visibly insurmountable deficit.

Interested in photography?  
Shoot for The Beacon!!!!
Pat Kimball celebrates a goal against BC last Friday.
~photo by Michael Salvucci~

Kimball has four goals and 5 points in seven games heading into tomorrow night’s contest against the Massachusetts Minutemen.
~Story on page 11