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The Beacon

The student newspaper of
Merrimack College
Established 2001

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Friday, April 24, 2009

www.merrimackbeacon.com

Crossroads crossing over

By Abigail Clark *Copy Editor* When we arrive back to the Mack in late August, we will have a new, state-of-the-art cafeteria. Speaking with Dennis Gillespie, he explained the renovation process, which will begin in less than one month, May 11.

The first part of the renovation includes demolition and removal of all pieces. Tables and chairs will be removed as well removing and the storage of some equipment. The grills used for making weekend brunch omelettes will be saved as well as the Pepsi soda machines and Minute Maid juice machines, for those beverage dispensers were new in January 2009. Even the dishes we use now will be replaced with new china. The carpet that is currently there now will be ripped up and replaced with a new one.

There will be an entirely new process of getting food in the cafeteria. Stations will be different. One example Dennis gave was that instead of having the same deli line day after day, they will make a few different pre-made sandwiches instead of having the whole line displayed. Also, the entrée lines are going to be new. For faster and more efficient service, there are going to be two lines.

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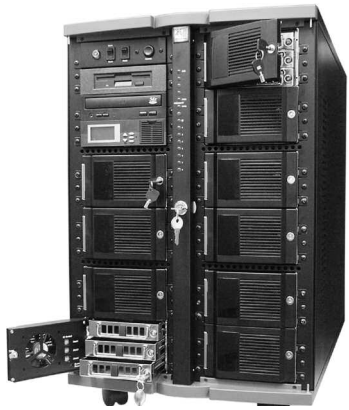


Crossroads No. 1 swiper, Jeanette, smiles while encompassed by new blueprints for the cafe.

~Photo by Courtney Cutler~

E-Mail's down, complaints up

Kyle Neary *News Editor* As many of you are well aware, over the weekend, and for some longer than that, the e-mail server has been down. Many of us asked why, yet found no answers. In today's technologically dependant society, having a fault in an e-mail server can ruin plans, as well as cause other problems.



On our campus, many faculty members accept papers and homework assignments via e-mail. However, students had no idea that the faculty e-mail had been temporarily shut down, and some assignments have been deemed late, or not passed in at all.

A simple malfunction with the air conditioning unit that keeps the server cool, spontaneously shut down. Although the problem was tended to, difficulties with getting the server back up and running was a slow and strenuous process. Starting on Thursday, faculty was not getting onto their e-mail thus preventing anything being sent to them via e-mail, whether it be a document or a quick note, nothing got to the faculty.

Coming from an anonymous reliable source, IT had been warned of the overheating, and that this problem was shortcoming. Unfortunately, no one acted upon this, and the worst happened. A multitude of people knew about the problem.

The entire weekend faculty went without e-mail, hopefully providing some time of a break for teachers before the upcoming finals. Although important documents may have gotten to them on time, hopefully everyone understands that this type of problem unfortunately does happen, and was resolved as quickly as possible.

On Tuesday morning, most faculty were able to retrieve all of the e-mails that they had gotten, and gotten things back on track for the remainder of the year.

One student described the weekend as, "very chaotic, confusing, and I could not e-mail my professor about a paper that was due at the beginning of the week and I'm sure that my grade suffered from it." We asked this anonymous student if he was upset by the malfunctioning server and he said, "I'm very upset. I wish my professor had given me a personal e-mail address for emergencies such as this." Along with the faculty who were upset by such confusion, students too were negatively affected.

Unfortunately, technological problems do occur and this year has been a testimony to this with multiple occasions of down Internet. Just remember that if things with the internet goes downhill, there is little we can do, so try to plan as accordingly as possible.

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Submissions

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By Jamie Fagan and Jill Bradford
Beacon Contributors

Have you ever imagined what a semester would be like away from Merrimack College, away from those "Gati Parties" or your typical semester with the same faces? For many students, this thought rarely crosses their mind, but for us, it was a dream and goal we had since we first stepped foot on the Merrimack campus.

The two of us returned in mid-December from the experience of a lifetime. Some students do not realize how great the study abroad program Merrimack offers is, and without the help of Lauren Gannon



and Carol Leibovitz in the Study Abroad Department, none of our dreams and the experiences we had would have been possible.

Australia

I traveled to Queensland, Australia and studied at Bond University from August 27th to December 15th. Bond is a private University with a mix of exchange students from all over the world, but inhabited many Americans. I lived in an apartment building that was considered off campus, but the walk to and from campus would be like walking from the back apartments to the academic buildings here at Merrimack.

I always wanted to study abroad and I chose Australia over other places because I was not sure if I would ever get there again. The outstanding reputations of the country, Bond University, as well as the weather, made my choice simple, and it is something I will never regret.

From the day I landed in Australia, the trip was amazing. I



went through the Austra Learn program and the program orientation took place in the northern part of the country in Cairns for the first four days. This might have been my favorite part of the trip because we snorkeled and dove the Great Barrier Reef, saw Kangaroos and Koala Bears at a rainforest, and got to know fellow

study abroad students. I traveled throughout the country of Australia. Highlights include Halloween in Sydney, skydiving from 14,000 feet, going to Melbourne where I went to an England vs. Australia world cup rugby game, and two days later, taking in the Melbourne cup which is like our Kentucky Derby. I also sailed the Whitsunday Islands and had many other great memories; however, I would be writing a novel if I listed them all.

While studying abroad, I met so many great people that shared this experience with me and I will never forget them. The campus at Bond is absolutely amazing and is like no other school I have seen before. The classes I took taught me things I never thought I would learn and the professors were so friendly and helpful. I was excited everyday to wake up and learn something new. Taking in a different culture alone for three and a half months taught me more than I ever thought would be possible.

Italy

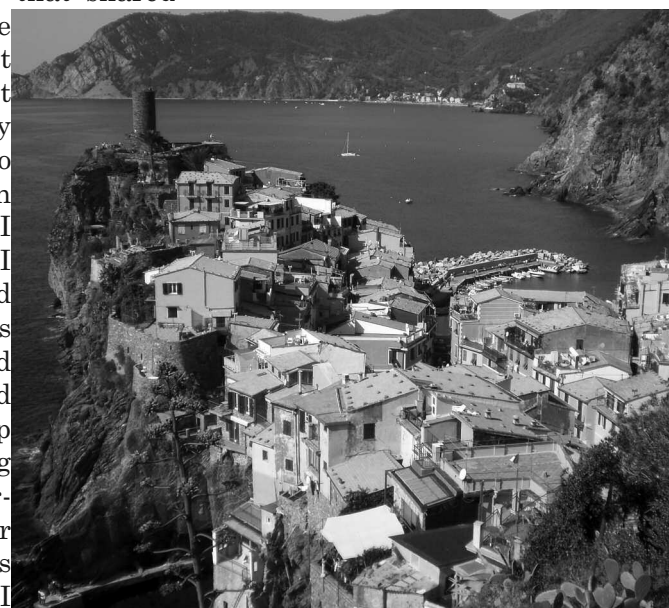
I lived in Florence, Italy from September 1st to December 20th of this past year through the program Academic Programs International (API). I lived in an apartment with five other girls from all different parts of the U.S. and within a couple of days of being there, we formed a family that will have a special place in my life forever.

From the Amalfi Coast and Mt. Versurvias at the very southern point of Italy, all the way up to Bolzano and



Castelrotto in the Northern Italian Alps, the country was the most fascinating place I have ever seen. Living in Florence, the city where the Renaissance began, was incredible because the city was filled with historical and unimaginably beautiful churches, architecture, paintings, and sculptures. It was clear from the very beginning of my trip that being abroad has an inspiring power that helped me realize that the world is meant to be discovered and learned from.

From Florence, I traveled to seven other different countries including hiking through Austria, Oktoberfest in Munich, Germany, and four-wheeling and skiing in Interlaken, Switzerland. I also experienced the sights of Dublin, Ireland, London, England, Paris, France, and Barcelona, Spain. Seeing the major sights of these countries was incredible, but the most fulfilling part was being able to submerge myself in the



different cultures of each. Each moment of every day was an opportunity to understand the world's endless similarities and differences while simultaneously taking in all of the incredible surroundings.

As much as I learned about other cultures, one of the biggest surprises for me was how much I learned about my own. Ironically enough, I believe you cannot truly understand the impact the U.S. has on the rest of the world until you leave. Studying abroad is something that will always be a difficult thing for me to explain to other people because it is hard to put into words the invaluable life experiences I had.

So go for it- research studying abroad. We promise you have nothing to lose, and the whole world to gain!

School News

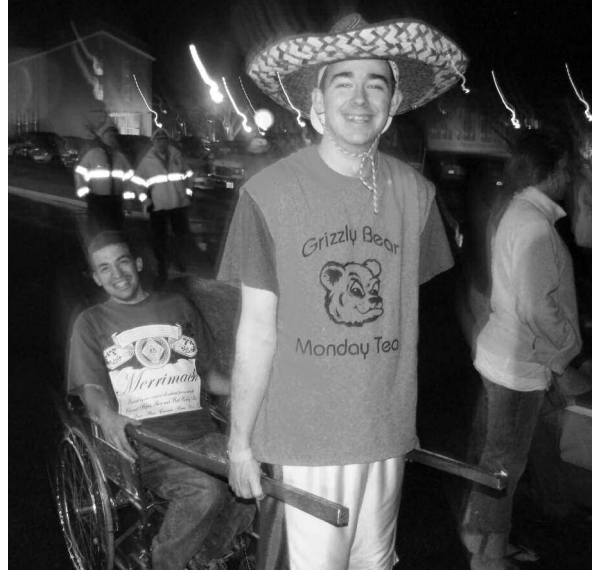
Triumph for trikers

Kyle Neary
News Editor

The annual tricycle race was held last Saturday night during Spring Weekend, and it went off without a hitch. In the past, trikers have fallen, gotten hurt and in last year's case some unfortunately were brought to the hospital. This year, was much more orchestrated and everything went off safely.

The Merrimack College Police videotaped, took pictures, and set up massive lights so that the street was well lit in case of catastrophe. Although the lights were blinding at times, being able to see, especially in such slippery conditions, helped tricyclists place record times.

The track was wet, the rain was blinding, but these riders were not letting anything get in the way of the biggest race of



Students take part in the annual trike race
~Photos courtesy of Chief Ronald Guilmette~

the season. Racing down the hill contact was made on all accounts, due to the competitive nature, reckless driving, and speed.

Down the front stretch, (the Santigati side street) they went, speeds reaching record 10 miles per hour even in the most horrid conditions. Everyone held on for dear life as they came storming down into the crowd surrounding the finish line, they were greeted by jeering fans and cheers of excitement.

In this race, there are no winners. Besides being almost neck and neck between multiple trikes, all seniors involved seemed to have a great time, which is the whole point of the race. The creativity was interesting to say the least, and the event again was a fan favorite.

Students and faculty to be confirmed on Sunday

This Sunday at the 5pm Mass in Cascia hall, five Merrimack students along with an employee will confirm their belief in the Catholic Church.

Confirmation is a sacrament, connected with one of the first sacraments a Catholic receives...baptism.

It is the renewal of the baptismal promises that a Godparent spoke for you before you were able to speak and in most cases walk.

At confirmation it is asked that you *confirm* what has been spoken for you.

This Sunday, Jamie Caccavaro, Kaisey Cook, Kaitlyn Muir, Kristen

Paulet, Susan Pereira and Sarah Vincent will be doing just that, confirming their belief in the Catholic Church and all that it stands for.

The have done much work and preparation to lead up to this point which included going to the Cathedral for the Rite of Election on the first Sunday of lent and met together more than 20 different times to discuss the various topics of the faith.

An invitation is extended to all of the Merrimack Community to attend the 5pm Mass this Sunday, April 26th to support them as they continue their journey in faith.

Riveting Renovations in Crossroads

Continued from Cover

Let us say that the entrée is a turkey dinner with mashed potatoes, gravy, and a vegetable. All of this will already be set up on a plate and available for students simply to pick up. Then they can "finish off" their dinner plate with anything else they may want. The cooks will continue with an exhibition entrée at lunch and dinner. Other than these few food changes, there are not too many more differences for the food.

Seating itself is going to change in the new cafeteria. Right now, there is an estimated amount of 480 seats. Though there will be no seats lost during the renovation, there will be a different setup instead. New booths will be put in, as well as "high tops" seating around some of the serving stations. There will also be tables of two and four, as well as larger tables for bigger groups of people.

This \$1.2 million project has been talked about for over a year. Around November and December of 2008, the partnership between Sodexo and Merrimack decided to go

ahead with the renovation they had been planning. The last complete renovation to the cafeteria was completed in 1994. Since then, only small changes have been made to the cafeteria. In the late 90's, Merrimack's dining hall was state of the art and was copied by other institutions, such as rival Bentley. Dennis mentioned that dining halls last about seven to eight years before they begin to be run-down and shabby. To keep the renovations looking new, the staff is looking to have some kind of stone countertops, such as granite. Little changes like this, though they may seem expensive, help in the long run because they will last longer than the plastic-like material that we have now.

The new cafeteria is something that we should all be looking forward to and enjoy. You may have already seen the plans displayed around the cafeteria's entrance. Take a good look of the cafeteria before you leave for summer because it will not look like that when we come back in late August!

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Ara Sarajian is elected SGA president

Merrimack Students

First and foremost I would like to thank all of my friends who helped me this past month with the election and all the students who voted for me. It was a huge success and I could not have won without them.

I am very pleased to serve as your president in the upcoming school year and I think together there is a lot that we can accomplish. I am looking forward to working with the newly elected E-Board which consists of Maryann Clement, Timmy Smith, Jeff Hanshaw, and Jon Ravenelle and I know that together we have a lot of potential. We have a nice mix of classes on the E-Board and we hope to truly represent the student body. As I stated earlier this month, a few goals that I would like to accomplish are campus wide recycling on all products, a designated driver program, and continue to grow our club sports programs. I would also hope that as students if you have any ideas feel free to share them.

I am looking forward to the upcoming year and good luck with your finals.

~Ara Sarajian



Eyes Wide Open

Nicole Bassett
Staff Writer

As many of you may have seen, the Eyes Wide Open New England exhibit was displayed here at Merrimack on April 16. We were very pleased with the turnout and were very glad to have had the opportunity to educate students about the cost of war.

It tends to go unnoticed that we spend \$720,000,000 each day on the war, which could be spent on 34,904 students' college education, among many other things. With the war not being vocalized in the media as much as it should be, we thought that students should have the opportunity to deepen their academic understanding of the ethics of war and peace through this hands-on, public awareness campaign about the wars in Iraq and Afghanistan.

Hearing a number can go in one ear and out the other, but actually seeing the boots which represent the soldiers can really hit home sometimes. There were also yellow daffodils, each representing 1,000 Iraqi civilians that have been killed because of the war.

Not only did Merrimack College students and staff come to see the exhibit, but also many loved ones of the soldiers came to pay respect and add small pictures, flowers, and stuffed animals to the boots.

We thank everyone who took the time to come see the exhibit and hope that we have opened your eyes to the cost of war.

Autoclub hosts 4th annual car show

Vinny Guarino
Auto Club President

On Sunday, April 19th, the Merrimack College Automotive Club hosted our 4th annual car show to raise money for The Intrepid Fallen Heroes Fund. The show brought a wide variety of vehicles, from classics, to customs, to exotics. There were 10 classes of show vehicles and each class was awarded a 1st and 2nd place winner that was chosen by the show attendees. There were also Best of Show and President's Choice trophies awarded, which were chosen by the Auto Club members. In all, 22 trophies were awarded to some well deserving vehicles. Close to 200 vehicles attended our show this year and

music was presented by the WBCN street team, who did a great job as always.

With the help of everyone who attended our 4th car show at Merrimack we were able to raise approximately \$1,000 for The Intrepid Fallen Heroes Fund. This deserving charity is a non-profit organization that puts 100% of the donations they receive towards helping veterans who were disabled in the Iraq and Afghanistan War. They help with physical rehabilitation as well as giving financial support to families who lost loved ones who were fighting overseas. The Intrepid Fallen Heroes Fund is a great charity and we were glad to be able to raise this money for them.

Our 4th annual car show was a fun event and a great way to end Spring Weekend. The Auto Club would like to thank everybody who helped make our event possible. Student Activities, Physical Plant, and Police Services were all very helpful. Of course, another special thanks to all the members of the Auto Club and everyone who attended our event. I will be graduating this year and I am happy to have ended my time as Auto Club President with the success of Sunday's show. Tom Hickey and Jason Allen, current Vice President and Treasurer, will be taking over the club next year, along with Bill Hall, who will be the new Treasurer, and I look forward to attending their 5th annual car show in 2010.



The winners of the car show pose with members of the autoclub with their trophies
~Photos courtesy of Vinny Guarino~

Gavin digs deep in Free

Melissa Peterson
Staff Writer

While most of today's music tends to be overproduced and computerized, some artists still like to keep it simple. For example, Gavin DeGraw's latest album, *Free*, was recorded in less than two weeks in order to preserve the raw and earthy sound of a live and acoustic set.

Free, released on March 30 of this year, is the Gavin DeGraw album that fans have been waiting for since his *Chariot* release in 2003. During the six year period between these two albums, DeGraw had released a self-titled CD in 2008; however, the album sounded more mainstream than what fans had expected. While the singles "In Love With a Girl" and "Cheated On Me" have undoubtedly catchy melodies, they lack the soulful vocals and relaxed, indie-feel that his hard-core fans love.

Perhaps sensing the difference himself, DeGraw chose to get back to his roots with *Free* by creating a much simpler album. "I wanted to keep everything out of the way and allow the songs to really be about what the songs are fundamentally, which is music and lyrics," says the New York singer-songwriter in an interview for *Billboard.com*.

Free begins with "Indian Summer," a Chris Whitley cover, powered by Audley Freed's hypnotic and mesmerizing lead guitar. Next is the title track, "Free," which is a lyrically simple track that exhibits some of DeGraw's most soulful and emotional vocals yet.

Perhaps the best song on the album is "Stay," the first single. "Stay" is the epitome of what DeGraw is capable of as a musician: it is powerful, yet unruffled, similar to "Just Friends" from the *Chariot* album.

Another notable tune, "Lover Be Strong" is one of the most upbeat songs on the album,

Recognizing that he owes his fans a lot for making his *Chariot* album go platinum, Gavin DeGraw aimed to create "an artist's record for an artist's fans" (*Billboard.com*) with *Free*. In doing this, he chose to cover "Indian Summer" because he thought that his fans would enjoy hearing Whitley's music. Moreover, DeGraw finally recorded "Glass" and "Dancing Shoes," two songs that have been fan favorites at concerts, but were never before released. "Those are songs only my die-hard fans would know," explains DeGraw, "I wanted to properly record them because they're special to my fans" (*GavinDeGraw.com*).

Ultimately, Gavin DeGraw is able to communicate his wholesome love for music through *Free*. DeGraw explains the CD best on his official website: "It's about simplicity in its purest form...It sounds like where you go to escape the big machine." With the majority of today's music getting louder, faster, and more excessive, it is a relief to experience that the fundamental simplicity of music can still be reached and can still be great.

Gavin DeGraw will be holding a concert in Boston at the Paradise Rock Club on Friday, April 24th.

Picks: "Stay" and "Lover Be Strong"
Rate: 4/5



A Day of Silence Ends in Laughter

Marki Conway
Staff Writer

This past Monday, you may have noticed someone in your class did not participate as usual, or maybe someone you know didn't say hello back as you passed them on the quad; or you might have seen a few students on Main Street trying to signal back and forth to one another with their hands, frustrated by the awkward miscommunications occurring. This is because silence never spoke so loud on campus as it did this past Monday, as students supported the movement to end the silence that is caused by bullying and harassment of members of the lesbian, gay, bisexual, and transgender community and their supporters. Their deliberate silence was their way of showing their dedication to ending the silence members of the LGBT community feel every day.


This year though, the Friends Coalition of Merrimack College did not just participate by not speaking and encouraging others to not speak all day – they sponsored a Break the Silence party to end the day. The event began with a bang at 6:00 as Salem State Drag King group, Between Us Bois, kicked it off with some Spoken Word that brought awareness of the injustices felt by LGBT members, along with a lot of laughs. Entertainment continued as

musical talents 7-Rainbow Terrace, performed some hit songs that got members of the audience out of their seats and into the aisles.

Following Rainbow Terrace, 7-just about every member of the audience was left holding their stomachs in hysterics as comedy group Laughing Matters, Next Generation 7-graced us with their witty and hilarious jokes about the hassles of dating, and life as members of the LGBT community.

Friends Coalition truly found a unique way to bring awareness to a serious issue by using comedy and great entertainment to help end the silence. From the eye-catching posters hung all around campus, to the silence of many students this past Monday, and finally ending with the Break the Silence Party, the Coalition did an amazing job of educating those around us about the silence members of the LBGT community face due to bullying and harassment caused by actual or perceived sexual orientation. In its 13 years of existence, the Day of Silence has grown every year, with thousands of middle schools, high schools, and colleges participating across the country. With 9 out of 10 LGBT members experiencing harassment at schools, the issue is just as important as ever. The questions remains, what are you going to do to end the silence?

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Captain Ana Morgan, MD
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Health and Fitness

Surf's up, dude!

Lauren Dello Russo
Layout Editor

Some of you may have visited tropical beaches for spring break, and admired the brave surfers in the water who were breaking through waves and laughed at the ones who were nose diving fast into the ocean. As summer creeps upon us, you might be thinking that you want to give surfing a try this season. I will teach you the basics on how to surf, so that when you are out in the ocean you will be the one people are admiring, and not the one people are giggling at.

In order to learn how to surf, you must attain some knowledge of a surfboard and obtain the necessary equipment.

There are four main parts of a surfboard. The "nose" is very tip of the surfboard. The middle side areas of the board are known as the "rails." The rails are used when the surfer holds onto the board. The "deck" is the top side of the surfboard. The surfer lies on the deck to paddle, applies wax to the deck and places their feet on it when riding a wave. The "tail" is the bottom of the board, and is where the leash is attached.

Now that you are very well informed on the areas of the surfboard, you will need to obtain a surfboard. There are two kinds of surfboards, long boards and short boards. Beginners should pick a long board as they are typically over eight and a half feet long and six to ten inches wider than your waist. Long boards are heavier than short boards, so you will notice that it may be harder to control its direction or regulate the speed. The advantage to long boards is that you are mostly guaranteed to stand up without a problem. If you eventually advance to a short board, you will notice that they have less

buoyancy, but you will gain more control over the direction and speed of the board.

Before reaching the water's edge, you might jump into a wet suit if the water is cold. Then you must strap the surfboard's leash around your ankle. The leash is required because surfers must be attached to their board at all times. You place the leash on your back leg so that when you are jumping onto the board the



cord does not immobilize your movements. Decide whether you want your position to be "goofy" or "regular" stance. Choose "regular" stance if you are more confident in your right legs ability to maneuver the board, placing your right foot back and left in front. Oppositely, choose "goofy" stance if you are more confident in your left legs ability to maneuver the board, placing your left foot in back and right in front. Make sure that your board is waxed thoroughly so that you do not slide off while paddling or riding waves.

Now, let the fun begin! Walk your board

into the ocean and hop onto it when you reach waist high water. Situate yourself on the board so that the nose of the board is about three inches out of the water. Paddle out using even, rotating strokes. When a small wave approaches paddle hard and push the board as far down under the water as you can so that the wave does not cause you to lose stability on your board. When a large wave approaches, you must roll underwater and hold your board tightly to your body. Make sure to pull the nose of the board underwater. When the wave passes, flip back over to the surface of the water. Keep paddling until you reach your destination in the ocean. Your destination is reached after you pass the wave crashing zone. Now, sit upright on your board and look for the best wave possible, or the most fitting wave for your level. Acknowledge other surfers and become aware of their positions in the water so that you can avoid surfing into them.

To decide which wave to catch, you need to discover the natural rhythm of the waves for that day. Choosing waves is learned through trial and error and will become easier once you familiarize yourself with the waves. When you pick a wave that you want to catch, move onto your abdomen and paddle. Make sure that you slide back on your board. If you lay too far up on your board then the nose of the board will graze the water, causing you to lose the wave and your stability. When you start to feel the momentum of the wave pulling you to the shore then you immediately use your arms to push yourself off the deck, jump to your feet and surf that wave into shore. Follow these instructions and you will be hanging ten in no time!



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Fun Food Facts

Lemons contain more sugar than strawberries

The onion is named after the Latin word for large pearl

Potato crisps were invented by a North American Indian, George Crum

A hard boiled egg spins but a soft cooked or raw egg does not

One of the most popular varieties of green asparagus is named after Martha Washington, the wife of George Washington



We are eating 900% more broccoli than we did 20 years ago

Pumpkins were once recommended for removing freckles and curing snake bites!

There are over 15,000 varieties of rice

Honey is the only food that does not spoil

Opinion

A Bittersweet Goodbye

Ashley DeRuosi
Editor-in-Chief

Bittersweet: an adjective used for describing something both pleasant and painful. That is, to me, the best way to describe graduating. However, I did not always feel this way. Before moving home to student teach, and putting my dorm days behind me, “catastrophic” would have been my adjective of choice. But I am slowly coming to learn in this real world purgatory, where I am not completely done with college but also not completely independent, that it isn’t so bad out here. I have decided for my last Beacon article to focus on the pleasant aspects of this bittersweet experience, because I am sure all of us seniors could use something uplifting right now.

One of the more pleasant aspects to graduating is an increased cash flow. Coming home from school to work one shift every four weeks,

and going out at school four times in one week is not any way to foster financial well-being. Now, we can go out to eat without praying the ATM in the Sak doesn’t spit out the “insufficient funds” slip. And trust me, it is a welcome change.

The memories are, of course, also pleasant, and it is the part that can give the most pain when looking back on them. Things like better food, cleaner bathrooms and more money are all pleasant things to look forward to, and I could go into them, but memories are really what can get us seniors choked up around this time of year. The fact that our college times are now memories and not the present-day can be just plain scary in itself. The experiences I have had while at Merrimack have been amazing and I wouldn’t replace my time here for anything. Sure, we all have moments we would like to replay, for good, bad or even embarrassing reasons, but I am sure everyone al-

ready knows all of those clichés about regrets.

The bottom line is, memories aside, it is the relationships we have made here that will extend beyond May 17th, 2009. We might no longer be next door to friends, or even a five minute walk apart from them but between cell phones, text messaging, Facebook, Twitter and good old email, I think we might manage to stay in touch. And it helps to look at the space as a good thing. For example, if you are in the real world and are having a bad hair day, you do not have to eat all three of your meals in plain sight of the person you like, or if you have that annoying person in your college life, maybe as Dane Cook puts it, a “Karen” or a “Brian,” who follows you around or pops up in strange places on campus, they are much easier to ditch out in reality.

I will certainly look back on my college days with a small amount of sadness for days gone by, for stay-

ing up until the wee hours of the morning, and having little to no responsibility. The only thing I had to do was graduate, and I have made it to that point. And whether I really am, or whether I have falsely convinced myself, I think I am ready to be pleasantly surprised by all that lays ahead.

Thank you to all of you who have helped support this newspaper and have watched it grow since I started working on in 2006. Mike, and the rest of our current staff, you have done a great job with this paper so far and I expect nothing but the best for next year, as well. Your hard work and dedication shows. And Mike, your innovation and vision for the club has been nothing short of inspiring. And I would like to point out, that ending my last newspaper article, possibly the last one I will ever write, is very bittersweet.

The Beacon Editorial

The Beacon E-Board would like to thank the entire Beacon staff and our advisor Russ Mayer for an excellent year of journalism. Ashley, we have already missed you dearly and will continue to do so. Good luck out there.

We congratulate all of those who are graduating and wish you the best with your future endeavors. We hope you can call land jobs in this more than rough economy and maybe even think about kicking something back to the Beacon....unlikely but hey what’s the harm in asking?

We hope to continue serving the Merrimack community next year with more frequent issues and even some in color. We are striving to become a more professional news

source and need your help to do so.

We know you all have opinions, please send them to us! We also know that we have tons of sports lovers on campus but for some reason we are dangerously low on sports writers.

Writing for the Beacon is essentially stress-free, and especially with an issue coming out twice a month, it’s not all that time consuming. Working on a college newspaper also looks great on a resume and can help you land a job in this terrible economy. Send us an email to join up!

Enjoy the summer and look for our first issue of the 09-10 year when we get back on September 11th!!

Sustaina-What?

By Michael Salvucci
Editor-in-Chief

Merrimack College, along with the rest of the country, has been swept up in sustainability madness.

Is it wrong to be “sustainable”? Of course not! Is it wrong to be hypocritical? You bet!

Merrimack has taken away our trays for a number of reasons. One, it has been proven that less food is consumed which is good for our health and of course it is good that we waste less food. Also, a tremendous amount of hot water is saved through not having to wash the hundreds, if not thousands, of trays every day.

However, besides the cost, perhaps the main reason for doing it is to show prospective students how “green” Merrimack is.

Our café might be “green” but our dorms are certainly not. Last year, as a sophomore in Monican Centre, the heat, regardless of the outside temperature, was **BLASTING**. I blamed it on the dorm being one of the older ones on campus. However, this year in the newer dorm, Santagati hall, the heat continues to blast no matter what the weather is outside.

Take a few weekends ago for example. Our high approached 70 degrees F, however, the heat was set as if it was 0 degrees F outside. Walking around outside the dorm I would say that close to 85% of the windows were open and on top of

that, many had fans going.

So much heat, energy, and money is wasted and is literally going right out the window...not to mention sweating inside of the dorms in late April!!!

For a school that is preaching sustainability, I suggest we take some action and fix problems that are severely hindering us to becoming truly sustainable.

This hypocrisy bugs me beyond what words can describe. It seems that organizations are so caught up in appearing that they are “sustainable” and or “green” that they lose sight of what it actually takes to be green.

Matthew 6:1-4 comes to mind here. “Take care not to perform righteous deeds in order that people may see them; otherwise, you will have no recompense from your heavenly Father. When you give alms, do not blow a trumpet before you, as the hypocrites do in the synagogues and in the streets to win the praise of others. Amen, I say to you, they have received their reward. But when you give alms, do not let your left hand know what your right is doing, so that your almsgiving may be secret. And your Father who sees in secret will repay you.”

Perhaps those in charge of Merrimack should go back to their roots and read some of the Catholic teachings that our school was founded upon.



Beacon Opinion Policy

The views expressed in the Opinion section do not represent the views held by The Beacon or its Staff

If you would like to comment on an article or share an opinion
please contact us at newspaper@merrimack.edu

What is Love? No, Really?

By Christopher Powell
Staff Writer

To love someone is one of the easiest and most natural things a person can do. To make it last is something else entirely.

For this article, I'm going to go into detail about one pitfall in particular two new lovers can fall into. It's one of the things that I think can hurt the lifespan of an otherwise loving relationship. If this captures some interest, I'd like to follow up on it. Anyway, I've only got about 600 words to do this, so let's jump right into it.

Pitfall #1: Idealization. To idealize someone is to literally see them as "ideal", i.e., as the perfect person for ourselves. This is common, if not universal, for the early stages of a new relationship. To love someone is indescribably exhilarating—we want that feeling to last for a lifetime. As a result, we see our new partner as the perfect mate, the reason for our high spirits, someone who can fill that empty space in our hearts. We're endlessly in love, and we're in love with the person meant just for us.

The problem comes when that image is inevitably threatened for the first time. The beginnings of a relationship are often the most intensely joyful and anticipatory times. But, after someone sees something about their mate that tarnishes that ideal image they have, we often tend to do one of two basic things: Try to ignore it, or, more extremely, place undue meaning into it. Suddenly, that little ten-second argument you just had threatens the image you've made. It

doesn't happen instantly, especially in the almost invariably unsuccessful case of trying to ignore the feeling, but then we start to see other things that bother us about our partner. Maybe we feel like the give-and-take of the relationship is uneven, and he or she is not returning as much affection as we are. Maybe we have a different attitude or conflicting opinion about something important to us. If we choose to try to ignore it, we make an effort to minimize such differences, and possibly make our best efforts to focus on the good things we love about our mate.

But the trouble doesn't end there. Over time, we start to notice other things we didn't before. From one annoyance we have about a partner, we see another, and another. We may become confused about our own feelings. That exhilaration once felt suddenly isn't such a rush anymore, and we are often conflicted about what to do about it. If we feel it's not really that big of a deal, do we bring it up, and risk worsening or even destroying the once perfect mood of the relationship? Do we try our best to ignore it and focus on their good qualities, or hope that the problem will go away on its own? Or do we become discouraged and break off the relationship entirely? These kinds of thoughts almost invariably come up whenever we see something about our partner we don't like, and we always find something sooner or later.

Where, then, is the refuge in this? What can we do about it? Well, the problem probably isn't so much in the other person as it is our own

perception of them. When our once perfect image becomes tarnished, even by the slightest extent, it's something we may not have expected. But it does happen, and we handle it in different ways. We may go so far as to eventually break off the relationship with the feeling that they are "just not the right person." Then, when the cycle starts over again, we may feel the same thing. From one love interest to another, we initially achieve that rush of excitement—then it fades once we see something we wish we didn't. But, again, how do we avoid it? My personal opinion is: Don't avoid it. Don't ignore it, and don't try to just focus exclusively on the good things you love about him or her. Rather, accept your partner as being human, and treat them as such.

Think about it. To use the cliché, no one is perfect. None of us is one-hundred-percent flawless. This goes for ourselves as well as our love interests. Unfortunately, love tends not to happen like it does in the movies, which typically ends with the characters being together, supposedly endlessly happily afterward (unless it's a sitcom, in which case such conflicts are pretty funny). Romance flicks tend to distort our image of love as something we experience as, in the end, wholly flawless and neverending. If only it ever worked that way. But, in reality, we always have conflicts, and we have to choose which of them we will or will not turn into—to use a frightening word in relationships—an "issue". Both parties need to realize that conflicts are always going to happen sooner or later, and it has

to be accepted (NOT ignored!) as a necessary fact. If it's something that really bothers you, have the courage to discuss it without falling into a macabre mood or arguing about it. To accept each other as human and capable of disagreements and mistakes is one of the most important aspects of longlasting love. Acceptance in this sense doesn't happen instantaneously, but over a fair amount of time, until each of you learns more about one another and begins to see each other for what you really are.

Now, keep in mind, this only applies to reasonably harmless conflicts, not severe conflicts (and certainly not abuse). If we see something blatantly wrong with the relationship, it may be the best idea to break it off and avoid any further hurt. The kind of conflicts I'm referring to are small things that add up over time: Disagreements, conflicts of interest, and small annoyances. Abuse, unfaithfulness, or anything severely hurtful does not apply.

So, I just went so far over the preferred word limit, I really don't have the space to make a lengthy conclusion. Just know that, if you're in love, you have to be able to accept your partner as he or she is, and what you may like or not like about them. Just because you don't see your partner as perfect doesn't mean you don't love them—in fact, it means the opposite. To be truly in love is to not see our partner as perfect, but accepting our partner for who they really are. If you and your partner can love each other for what you really are as individuals, don't worry. You really are in love.

Police Log

03/27/2009 06:00

NOISE COMPLAINT

Police Services received a call from an unknown caller complaining of loud beeping noises coming from the campus center. Caller states it is too early in the morning for the trucks to be coming into the loading dock. Officer spoke with the Sisco delivery driver and he stated he would try to silence the beeping next time he arrives on campus. Officer cleared.

04/01/2009 18:24

VANDALISM

A vehicle parked in lot 8B closest to the football field has been partially saran wrapped and smeared with ketchup and mustard. Owner could not be contacted.

04/02/2009 13:12

INFO - General

Officer received a call from Deegan East stating someone had moved the furniture around in the room, possibly as a prank. Upon arrival, the officer spoke with all occupants involved who were 'laughing hysterically' at the situation. Nothing was missing, damaged or broken.

04/13/2009 23:35

NOISE COMPLAINT

Police Services received a call from K-Tower, caller states there are numerous people outside in the back being very loud. Officers respond and report that he spoke with the resident students. They were playing capture the flag and have agreed to remain quiet for the remainder of the night. Officers cleared.

04/18/2009 12:03

ASSAULT

Officer reports that a resident student had approached him stating that she had been punched in the face.

04/18/2009 12:27

DISPERSAL

Officers report trying to control the crowd outside of J-Tower with the assistance of bike units. Units report dispersing a large crowd and ushering them along. Bike units will continue corralling students out of the area. Units cleared.

04/18/2009 16:25

SUSPICIOUS - Person/Activity

Officer reports suspicious activity near Cushing Hall. Character from a play was dressed as a police officer and had a full duty belt on. Officer told the individual if he is to step outside, to remove his duty belt, so as not to cause undue alarm.

Merrimack College is represented in intercollegiate retreat

Timothy Iannacone
Beacon Contributor

From Friday, March 27, 2009 through Sunday, March 29, 2009, Merrimack College was represented by four students and Merrimack College's Campus ministers Fr. Bill Waters and Sister MaryEllen Dow at Enders Island in Mystic, Connecticut. Enders Island in Fishers Island sound is at the mouth of the mystic river.

The Edmundites began to use this island as their novitiate and eventually began to hold retreats on the island for lay, religious, and clerical individuals and groups.

The colleges that attended along with Merrimack included Stonehill College, Emmanuel College, and St. Michael's College. The purpose of the intercollegiate retreat, which is also called, "Schools Like Us" was to allow students from each Catholic college to share ideas, information, and possibilities within their colleges' ministries.

Each student gave a description of the Christian standpoint that takes place on their campuses and conversed with one another on how they could improve the participation of students on various religious retreats, such as Merrimack's bian-

nual M.O.R.E. retreat.

The students also discussed how improvements could be made to get more students to attend mass every Sunday since each and every one of them attends a Catholic college. Besides seeking improvements within campus ministry, the students discussed personal matters such as faith, love, family, and religion. Not only was this retreat a great experience for some individuals, but it was also deeply spiritual, where some said they had reconciled with their faith and had many personal questions answered.

The retreat consisted of prayer,

reflection, meetings, and free time. This showed how a simple weekend can work miracles. Next year, Merrimack's campus ministry will hold the same retreat sometime in March. In a time where many need somewhere to turn to, why not turn to God, who is always listening.

Why not turn to a community of other college students who have respect and the same things in common. This retreat proved that this was an incredible weekend. Many can say friendships that can last a lifetime were formed due to their faith in Christ.

Responding to requests

Kyle Neary
News Editor

As being a member of the Merrimack Program Board, I know all of the time, energy, and money that is being spent on events here on campus. Earlier this year we attempted to ask students what they thought would be a good substitution for having a large concert. The answers, as many of you may have seen were basically useless. Although we did get some good ones like barbeques and things of that nature, we also got many responses such as, "how about a concert?" We decided that a way to get a lot of kids on campus excited about Spring Weekend would be to in fact hold a concert. We got three good bands together, and worked out a deal. We even got an OAR cover band, due to the high requests. Although many spring weekend events were considered very successful, Saturday night held for an almost empty MPR. Those who did

come enjoyed free t-shirts, pictures, tattoos, and smoothies, as well as live music. We truly believed that by giving the students what they wanted, a concert would result in a high number of people coming to see the bands.

Student involvement in activities has been a growing problem. We worked extremely hard planning those events, and those people who did attend definitely had a lot of fun. Quite frankly, we are confused. We gave the student body exactly what they wanted; although it was not a huge name artist most students did not even give these others a chance. The only way that Merrimack will be able to plan and host big name artists would be if we saw a huge turnout on occasions such as this. Why spend our time, energy, and money trying to satisfy students by giving them exactly what they requested, to only have less than stellar numbers turnout. The

moral of the story is if you want huge events, attend smaller ones so we know that people will show up. Most events give away free stuff, are not time consuming, and overall are a good way to get involved on campus and have some fun. So please, if you are going to complain about not having large events, just know that the only way to get them is by student participation, which currently is slipping. A lot of spring weekend events went great, and we tried to work them around other events on campus so that we could get a higher attendance. We work so you can enjoy yourselves all you need to do is show up.

Friday May 1st we will be having comedian Robbie Printz and musician Jason Levasseur at 5:30 in the MPR. It will be quiet hours, before you start studying for your finals, come out and relax for a few hours.

OVERHEARD AROUND CAMPUS

Man on cell: You know a guy really likes a girl when he takes her home to meet his mom...and you know what, Sheila? You ain't never gonna meet my mom.

Female college student to friend: We really need to cougarize your mom.

20-something male to friend: I am so MIA right now. I am MIA. Like, I text you, but I am MIA. Like, so many people send texts to me, and I'm just MIA.

Student on bus: Ew! What's that smell?

Teacher: That's New Jersey.

Girls, singing: My milkshake bringeth the lads in the square, prithee, 'tis better than yours, 'tis better than yours, I could teach thee, but I'd levy a fee.

Heard anything absolutely ridiculous around campus lately?

The Beacon wants to know about it! E-mail us at
merrimackbeacon@gmail.com

We look forward to hearing some great stories!

Sports

Hofmann Joins as New Athletics Director

By Mark Lindquist
Sports Editor

As of March 30, 2009, Mr. Glenn A. Hofmann has been warmly welcomed as the new Athletic Director for Merrimack College. "After an extensive search which included many qualified candidates, I believe we have found an outstanding individual in Glenn Hofmann. I am confident that he will provide strong leadership and lead us to a new level of achievement," said President Ronald O. Champagne on the Merrimack College Athletics website.

Glenn Hofmann as the new Merrimack College Athletic Director will be running the activities of all sixteen of Merrimack's collegiate varsity sports. Fifteen of those sports are Division II in the NE-10 conference except for men's hockey.

Merrimack's hockey is at the Division I level in the prominent Hockey East conference with schools such as Boston College, Boston University, and Northeastern University.

Hofmann is coming from Niagara University where he was associate athletics director for external relations. Mr. Hofmann's experience in college athletics goes back to the early 1990s where he worked in the athletics department at Lehigh University from 1991 to 2005. His academic background includes a Bachelor of Arts Degree in Mass Communications from St. Bonaventure University and a Master's Degree in Sports Management from East Stroudsburg University.

Hofmann has a very good understanding of student-athletes and external fields. He is also very talented at strategic planning and generating revenue. During his ca-

reer at Niagara University, Hofmann created a strong athletic strategic fundraising plan. Under his plan, Niagara University received a 10% increase in annual fundraising and a 21% increase in donors. Also, the athletics department at Niagara University received a 41% increase in external revenue over two years under Hofmann's oversight.

He is very happy to have been given the opportunity to be Athletic Director at Merrimack College. Hofmann explained that "becoming an Athletic Director has always been one of my profession goals and I am very excited for this new experience here." Hofmann has enjoyed his first experiences as Merrimack's new AD. "Merrimack College is a great campus and it's been a great first couple of weeks getting to know good people and talented stu-

dent-athletes." He is looking forward to managing the Merrimack College Athletics program saying that "the Merrimack College Athletics program has always been very successful and I think that as a campus we need to reach out to alumni and tell the Merrimack Athletics story."

The Division I Men's Hockey program has always been one of Merrimack College's biggest passions and Hofmann plans to build on that. "Our top priorities for the hockey program are to finish the Lawler Rink Completion Project and improve TV and radio coverage of the team."

Glenn Hofmann's expertise is looked forward to greatly as Merrimack College enters the 2009-2010 academic/athletics year and beyond.

Hockey looks solid for 09-10

By Michael Salvucci
Editor-in-Chief

The Merrimack Hockey program has come a long way in a short amount of time.

It was not too long ago when our team was expected to be blown out by teams such as Boston College or Boston University. Those days are gone.

The Warriors, under head coach Mark Dennehy have really made a name for themselves. Their record this past year is deceiving to say the least.

Merrimack's only D1 sport ended league play with a 9-21-4 record overall and a 5-19-3 record in Hockey East play.

15 of those 19 losses, or 79%, were at the hands of a one goal loss. Warrior fans should be astonished by this figure. Merrimack only lost

by more than two goals five times.

This is a team with the right players added to the mix could be above the .500 mark next year and very much in playoff contention.

The Warriors are losing a few players to the pros. Rob Ricci signs with Las Vegas (ECHL) and even netted a goal in his debut game. He lead the team in goals last year at 11.

Joe Loprieno joined Matt Jones with the Sharks. Although he was injured for the last third of season or so he was quite the presence on defense and will surely be missed next year.

On top of this Goebel, Farrell and Rego will be graduating and not returning.

In order to compensate for the losses, Dennehy is bringing up some talented recruits.

NAHL Brandon Brodhag will be joining the Warriors next fall. He

totaled 65 points in 56 games this season including an impressive 33 goals (lead the division).

Along with Brodhag is Stephane Da Costa. A forward for the Sioux City Muskateers, he put up 31 goals in the 2008-2009 season.

Rob Morton, a forward for the Syracuse Stars will also be joining the warriors in the Fall. He has really blossomed as of late scoring a whopping 37 goals this past season.

These forwards should provide the firepower Merrimack needs to win. We all know our goaltending is more than superb. Cannata is the highest ranked college goaltender (not including recruits) in the NHL draft. With the addition of the these forwards coupled with the goalscorers we already have, Kimball and Barton, the Warriors will be a force to recon with come October.

Pat Bowen has made great strides this year and has been

named captain for the 2009-2010 season along with Barton and Ross. Merrimack has another defenseman coming in the fall to help him out.

Kyle Bigos, a 6'5" 235lb defenseman played for the Vernon Vipers (BCHL) 1st season and will be joining the team this fall now that Loprieno has left. He will definitely be a strong force on the blue line and can tee one up and shoot it too, scoring 10 goals in the 2008-2009 season.

While our current players continue to advance and improve these additions will make for the most "complete" hockey team the Warriors have seen a while. Great goal scoring, hard-nose defense, and talent between the pipes will surely help the Warriors get over the hump of one goal losses and turn them into one goal wins.

Jeff Bercume Named Northeast-10 Player of the Week

From *MerrimackAthletics.com*

Jeff Bercume (Leicester, MA) was named the Northeast-10 Player of the Week on Monday.

Bercume tallied 13 hits in in 29 at-bats (.448 average) to go with two doubles and 11 RBIs. He hit a pair of homers and drove in five runs in an 8-6 win over Assumption last Saturday.

The senior captain sits at 218 career hits, three shy

of tying the school record for career hits. He leads the Northeast-10 with a .431 average and has 36 RBIs and 15 steals.

The Warriors (14-20, 5-14 NE-10) host AIC sometime next week due to inclement weather earlier this week.





Sports



Senior Lauren Leddy waits for a pass. She helped out her team with 2 goals and 3 assists on Wednesday night's game against AIC.

~Photo by Courtney Cutler~

Women's Lacrosse crushes AIC

Courtesy of
Merrimackathletics.com

The Merrimack women's lacrosse team made it three straight conference wins as they cruised to a 23-2 victory over American International College Wednesday night at Warrior Field.

The Warriors scored 12 of the first 13 goals and took a 16-2 halftime lead behind goals from ten different players in the first 30 minutes. Sarah Salatto netted her first collegiate goal, while Meredith Prior added her second and third of the season. Kelly Pasquantonio tallied five first-half points, while Christina McCarron netted a team-best three first-half goals.

Merrimack cruised to vic-

tory in the second half, with Irene Lantz netting her first collegiate goal midway through the final frame. The Warriors tallied all six goals in the second half.

McCaron finished with four goals, while Kelly Pasquantonio tallied seven points. Mary Pasquantonio added three goals and an assist, while Lauren Leddy chipped in with two goals and three helpers.

Jamie-Lee Whiteway finished with four saves, improving to 5-7 on the season. Gina Gallo stopped 19 shots in goal for AIC.

The Warriors (5-7, 5-3 NE-10) host Franklin Pierce Thursday at 4 p.m. and Southern Connecticut Saturday at 12 p.m. to round out the regular season.

Beasts of the A.L. East

By Mark Lindquist
Sports Editor

Baltimore Orioles:

Starting pitching C+, Lineup B, Bullpen B, Team Depth B, Defense B-

The 2009 Baltimore Orioles are a solid hitting team but pitching is a huge issue for this ball club. Jeremy Guthrie has emerged as the ace of their starting rotation but the Orioles may not have a presence to back him up. Koji Uehara is a solid starter but Alphonso Smith, Mark Hendrickson, and Adam Eaton are not very strong starters. Their lineup is a good one with Brian Roberts, Nick Markakis, Aubrey Huff, and Adam Jones. Their bullpen is solid with All-Star George Sherrill, Danys Baez, and Chris Ray. They have very deep hitters but no pitching depth. They have many usable hitters such as Luke Scott, Ty Wigginton, Cesar Izturis, Ryan Freel, and promising prospect Matt Wieters. Their defense is an issue with a history of poor defense in Melvin Mora, but 2 strong defensive web gem regulars include Roberts and Markakis.

Boston Redsox:

Starting pitching A-, Lineup A-, Bullpen A, Team Depth A, Defense B+

The 2009 Boston Redsox have gotten off to a slow start but the baseball is a very long and grueling 162 games and the American League East is very competitive. Going into the season, the Redsox have it all. They have incredible starting pitching with Josh Beckett

as the headline man. They have hard throwing lefty Jon Lester, the dazzling Daisuke Matsuzaka, and knuckler Tim Wakefield. Leading their strong lineup is reigning MVP Dustin Pedroia. Their lineup is stacked with power guys consisting of Big Papi David Ortiz, Kevin Youkilis, Jason Bay, and Mike Lowell. Their bullpen on paper looks very balanced with experience and youth with Papelbon at closer, Ramon Ramirez, Hideki Okajima, Manny Delcarmen, and others. The Redsox have the most depth in the division with Rocco Baldelli and J.D. Drew splitting time in right field. Great players returning from injury soon are Jed Lowrie, Julio Lugo, and Mark Kotsay. Pitching depth includes Brad Penny, Justin Masterson, Clay Buckholz, John Smoltz, and Junichi Tazawa. Defense is solidified with Varitek, Pedroia, Lowell, Youkilis, and Ellsbury.

New York Yankees:

Starting Pitching A-, Lineup B+, Bullpen C+, Team Depth B, Defense B-

The 2009 New York Yankees have many great players, but also many issues. The Yankees after the off-season have terrific starting pitching with the always powerful C.C.Sabathia, the dynamic A.J. Burnett, Andy Pettitte, and Joba Chamberlain. Chien-Ming Wang's early pitching troubles however are a very bad sign for the Yanks. Their lineup is also very good with Mark Teixeira, Nick Swisher, Derek Jeter, and the controversial Alex Rodriguez. Their bullpen is a major issue going into the season

because there is little pitching strength behind Mariano Rivera and Damaso Marte. Team depth is solid because young pitchers Phil Hughes and Ian Kennedy can be easily called up and the Yankee outfield in addition has Johnny Damon, Melky Cabrera, Brett Gardner, and Hideki Matsui. Defensively, they have Teixeira and Jeter, but A-Rod, Damon, and Posada are not as strong as they used to be.

Tampa Bay Rays

Starting Pitching B, Lineup A, Bullpen B+, Team Depth B+, Defense A-

The 2009 Tampa Bay Rays are looking to make a repeat run at the World Series. Their starting pitching is very young and very good with James Shields, Scott Kazmir, and Matt Garza. The Rays arguably have a completely loaded lineup. They have young stars such as Evan Longoria, Carl Crawford, B.J. Upton, Dioner Navarro, Akinori Iwamura and Carlos Pena. Leading their underrated bullpen is closer Troy Percival with Dan Wheeler, J.P. Howell, and Grant Balfour backing him. This team has a considerable amount of depth with young David Price waiting in the wings, hitters Gabe Gross, Jason Bartlett, and Pat Burrell, and injured veteran pitchers Chad Bradford and Jason Isringhausen. The Rays arguably have the best defense with Pena, Crawford, Longoria, and Upton.

Toronto Blue Jays

Starting Pitching B, Lineup B+, Bullpen B+, Team Depth B-, De-

fense B+

The 2009 Toronto Blue Jays have gotten off to a very hot start but I predict that the competitive AL East will eventually level the playing field. Their starting pitching is held together by the glue of the consistently talented Roy Halladay. The rest of their starters are new players but Jesse Litsch is coming off a good season, Ricky Romero has been good and Dustin McGowan will return soon. The Toronto lineup has emerged as the team's strength with the surprising Adam Lind and getting off to a hot start. Their lineup also includes regulars such as Alex Rios, Vernon Wells, Aaron Hill, and Lyle Overbay. The Blue Jays have B.J. Ryan, Jason Frasor, and other solid pitchers in their bullpen. The Blue Jays have solid hitting depth but weak pitching depth. They have Kevin Millar, Scott Rolen, and Travis Snider backing their lineup. Defensively, the Blue Jays have Rolen, Wells, and Rios.

Prediction= The Boston Redsox win a very tight American League East

1. Boston Redsox- Playoff spot clinched
2. Tampa Bay Rays- Record above .500, playoff possibility
3. New York Yankees- Record above .500, playoff possibility
4. Toronto Blue Jays- Record above .500 slim chance at playoffs
5. Baltimore Orioles- Record below .500



Sports



Laxers climb the ladder to success

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Staff Writer

Merrimack's men's Lacrosse team is not just wearing gold, they are going for the gold. Now that the season has shifted into full gear as the boys continue the second half, they have their eyes fixed on a trip to Foxboro for the national championship.

As a leader for the team and amongst other players in the conference, Greg Rogowski, who recently just scored his 200th career goal, has the most confidence in his teammates. He especially looks highly upon the underclassmen, "Pete Schielke starting at defense, Nick Maggio has had a great freshmen season taking face-offs, Brad Mcadam made his way onto the first midfield line and has made some keys plays for us this year. Greg Fallon has seen the field at both attack and midfield, these four players will be the cornerstone of Merrimack lacrosse for the next four years."

Rogowski has had another remarkable season during his last year as a warrior. He recently was named Northeast 10 Player of the week for the second week in a row. But Rowgowski is not

the only Warrior captain making headlines. Co- Captain Corey Spinale also had a recent recognition by the NE-10 as Goal keeper of the week. "I was really happy being named goal keeper of the week because it was the first time I received that."

think this season has been a little bit more meaningful than the past years just because it is my last year and I can see my college career coming to an end. I want to make the most of the little time I have left on the field here at Merrimack. I also think this is the most focused and talented team I have played on in four years. We were always very good but sometimes we lacked the focus to take our team to the next level. This year we made it a point to get more out of every practice and to really focus on whatever team is put in front of us"

On Monday, April 20th , The men's lacrosse team hosted Southern New Hampshire for their senior night. The Warriors breezed right past SNHU, winning 14-4 for their last home game of the regular season. Rogowski scored his 206th goal, third most in Division II history.

"We are very proud of ourselves to be ranked at #4 right now in Division II, but we know that being ranked that high means nothing. We set out with hopes of a national championship not to be ranked in the top 5 of Division II." – Spinale

With the success that the team has achieved this year, "Damn it must feel good to be a laxer!"



Senior Jo Pisano looks to make a pass.
~Photo by Courtney Cutler~

The team is having the season that will never be forgotten. To Rogowski and as a senior, he never will forget this season. He states "I

Congratulations to the Class of 2009

The Beacon wishes all seniors the best of luck in all of their future endeavors